

WALKT^oBER™

2026

<https://dekalbwellness.walktober.com>



Walktober is a 31-day walking challenge designed to help you move more each day. Track your daily steps and earn a red, orange, or gold leaf based on your progress — [6000], [8000], or [10,000]+ steps. Stay consistent, build momentum, and see how far your steps can take you.

Registration opens TODAY! Logging begins Thursday, October 1!

